

# Definition of Special Health Care Needs

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## Latest Reaffirmation

2020

Special health care needs include any physical, developmental, mental, sensory, behavioral, cognitive, or emotional impairment or limiting condition that requires medical management, health care intervention, and/or use of specialized services or programs. The condition may be congenital, developmental, or acquired through disease, trauma, or environmental cause and may impose limitations in performing daily self-maintenance activities or substantial limitations in a major life activity.

**How to Cite:** American Academy of Pediatric Dentistry. Definition of special health care needs. *The Reference Manual of Pediatric Dentistry*. Chicago, Ill.: American Academy of Pediatric Dentistry; 2020:19.

Health care for individuals with special needs requires specialized knowledge, as well as increased awareness and attention, adaptation, and accommodative measures beyond what are considered routine.

This definition was developed by the Council on Clinical Affairs and adopted in 2004. This document is a reaffirmation of the previous version, revised in 2016.