

# Academy for Sports Dentistry *presents*34th Annual Symposium

# "Sports Dentistry for Today's Athletes"

June 23-25, 2016

Renaissance Baltimore Harborplace Hotel

202 East Pratt Street Baltimore, MD 21202

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(888) 236-2427

Register Early

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Send in your registration today!

Check inside for discounts on registration fees



# Invitation from the General Chairman

# Welcome

Charm City USA, aka Baltimore, Maryland, welcomes everyone to the Academy for Sports Dentistry's 34th Annual Symposium. The 2016 Annual Symposium will take place June 23 — 25 at the Renaissance Baltimore Harborplace Hotel in Baltimore, MD. I am very honored to have been asked to chair this year's Symposium. I have been a charter member of the Academy since its inception in 1983 and have served on the Board of Directors of the Academy. Having served as a team dentist for three professional sports teams in Washington, D.C. for the past 40 years has helped me to appreciate how much sports dentistry furthered my dental career. Affiliation with this Academy has enabled me to interact with many wonderful dentists from all parts of the world and glean from them many tips that I have used during my 46 years as a dentist.

We will once again kick off our weekend with our Team Dentist course, chaired by Steve Mills and Jeff Hoy. This course is intended to assist attendees in becoming a Certified Team Dentist. There will be lectures and workshops throughout Thursday, June 23, for those who have registered for this very special course.

I want to thank my local arrangements committee of Emilio Canal, Leslie Rye and Mike Messina for helping me put together a great slate of speakers for our Symposium, which begins on Friday, June 24, and continues through Saturday afternoon, June 25. Presentations will include a variety of topics that are of interest to many of us.

We will have our Recognition Luncheon on Friday, June 24, where we will honor Alexander Della Bella for his service to the Academy. Friday evening, June 24, will once again be highlighted by our President's Reception and Auction. Our Silent/Live Auction will be directed by our dynamic duo of Hans Stasiuk and Jan Chithalen. Proceeds from the auction will benefit the ASD Research and Education Fund. We are also looking into social events to take place at the Samuel Harris Dental Museum and at Oriole Park at Camden Yards.

I hope that many of you will be accompanied by your family. Attractions in Baltimore for families include the National Aquarium in Baltimore, the Maryland Science Center, the B&O Railroad Museum, and Port Discovery. These attractions are close to the Renaissance Baltimore Harborplace Hotel.

As you can see, our Symposium will include a time for education and fun for all. This Symposium gives those with an interest in sports dentistry an opportunity to share their knowledge, expertise and enthusiasm in the treatment of athletes and our non-athlete patients. Sports injuries not only happen to athletes on teams but also to our general dental population. I look forward to seeing many of you in Baltimore.

Howard Salob, DDS 2016 ASD Annual Meeting Chair www.academyforsportsdentistry.org

# General Information

# **Continuing Education Credit**



Approved PACE Program Provider FAGD/MAGD Credit.
Approval does not imply acceptance by a state or provincial board of dentistry or AGD endorsement.
04/01/2016 to 03/31/2018
Provider AGD ID # 211120

Academy for Sports Dentistry designates this activity for up to 19.75 continuing education credits for full participation in the Team Dentist Course (lectures), Symposium (lectures) and (hands-on) Workshops.

Attendance at the ASD Symposium counts for double credit hours toward ASD Fellowship.

### Dress

The weather in mid-June is very nice. Expect the temperatures to range from mid 60s in the evenings and early morning to high 80s during the day. We recommend checking a 5-day forecast when packing your bags. The recommended attire for the Symposium is business casual.

# **Baltimore, Maryland**

Baltimore is a year-round vacation destination filled with experiences that appeal to travelers of all interests. From free museums and unforgettable dining experiences to strolls along the Inner Harbor and afternoons at Camden Yards — Baltimore's attractions leave visitors wanting more.

The Babe Ruth Birthplace museum reopened last year after renovations which improved public access to exhibits and other parts of the building. The museum will also present "Babe Ruth: 100 Years," a permanent exhibit to celebrate Babe Ruth entering professional baseball a century ago, with rare artifacts such as the scorebook from his first game with the then-minor league Baltimore Orioles.

# **Hotel Accommodations**

Renaissance Baltimore Harborplace Hotel sits poised in Baltimore's famous Inner Harbor, offering luxurious guest rooms and suites — many with harbor views. You'll get equally dramatic water views at Watertable, the hotel's fine dining restaurant, featuring menus inspired by regional producers and ingredients. With the hotel's location overlooking the Inner Harbor, you're perfectly positioned to discover Baltimore's most iconic sights. For an insightful overview of the area's history, the hotel can point you in the direction of Baltimore Heritage Walk. You can also go on foot to many of Baltimore's most famous restaurants and attractions.

# **Special Accommodations**

In compliance with the Americans with Disabilities Act of 1990, the Academy for Sports Dentistry will make all reasonable efforts to accommodate persons with disabilities at its meetings. Please call (217) 227-3431 with any special requests.

# <u>Transportation from Baltimore Washington International Airport (BWI)</u>

Taxis/Super Shuttle are available at baggage claim. Taxi service is \$35 one way. Super Shuttle is \$15 per person each way; reservations can be made at supershuttle.com

Light rail is \$1.60 each way. There is about a 5-minute walk to the end of the terminal to catch the light rail. The station is four blocks from the Renaissance.

# **Annual Symposium Silent Auction**

Every year the Academy presents a silent auction to benefit education and dental trauma and prevention research. If you have autographed items or other unique items you would be willing to donate for the auction, the ASD Board welcomes your help. Please contact Shelly Lott at (217) 227-3431 or fax (217) 227-3438 with your contributions.

# Academy for Sports Dentistry 2016 Symposium

# June 23 – 25, 2016

# Renaissance Baltimore Harborplace Hotel ~ Baltimore, Maryland

# Sports Dentistry for Today's Athletes"

Thursday, June 23, 2016 TEAM DENTIST COURSE

7:30 am - 8:00 am

Registration

8:00 am - 8:30 am

# **Introduction to the Team Dentist Concept**

### Stephen Mills, DDS, FASD

The team dentist has become an integral part of the modern high-level sports medicine team. It is imperative that any dentist who takes on the role of team dentist must be aware of how the modern sports medical team functions, in addition to having the specialized dental skills and knowledge that he or she must bring to the team. This course is designed as an overview of the major areas for which the team dentist should be responsible. Dental readiness for the athlete to start and optimally compete, the ability to rapidly recognize and treat orofacial trauma, and the ability to prevent injuries with excellent mouth protection are the basic sections for any team dentist course. In addition, the course will feature two special hands-on workshops on mouthquard fabrication and splinting teeth after injury to enhance the didactic portion of the presentation. We will also touch on the legal responsibilities of the team dentist at a variety of levels of competition to answer any questions that one might have about taking on the role of team dentist. The Academy for Sports Dentistry feels that any competent dentist can become a skilled team dentist, but that the position of team dentist must only be undertaken by a dentist who has the tools needed to fulfill that role completely. This course aims to provide a template for what all team dentists must be prepared for.

8:35 am - 9:25 am

# Team Dentists Bring More to the Sports Medicine Team than a Mouthguard

### **Nancy Burke, Certified Athletic Trainer**

We begin by developing relationships with athletic trainers, coaches, athletes and parents, finishing with a well-organized and functioning team dentist program for all levels of athletic participation. At the conclusion of this presentation, participants will be able to identify the role of the team dentist in differing environments; understand varied relationships of the team dentist with athletic trainers, coaches, administrators, directors of sports medicine, etc; educate all entities regarding oral hygiene, dental safety, injury prevention and care for the specific environment; supplement the athletic trainer with additional education and tools for dental emergency care; anticipate the dental needs of the athlete in varying sports environments; understand the relationship of blows to the head and face with concussion and dental injury; differentiate current research regarding mouthguard, helmet and other mechanical factors relating to concussion as valid or not; and fully engage with the entire athletic program as an important and crucial member of the sports medicine team.

9:30 am - 10:20 am

# Preparation and Readiness for the Team and the Dentist

# Jeffrey Hoy, DDS, FASD

Dr. Hoy will be presenting information that will help sports team dentists prepare themselves and their athletes for practice and competition. Topics will include make-up of the sports medicine

team; make-up of the dental team; pre-season exams and implementing a mouthguard program; contents of the on-site emergency dental kit; and basic legal considerations for the sports team dentist. At the conclusion of Dr. Hoy's presentation, attendees will have a clear understanding of what is necessary to be prepared and ready to perform the duties of a sports team dentist

10:35 am - 11:25 am

# The Role of Team Dentist at the College and High School Level

### Paul Nativi, DMD, FASD

Dr. Nativi will present an overview of the NCAA and its regulations, including the do's and don'ts of working with and treating the NCAA athlete.

11:30 am - 12:40 pm

### **Immediate Recognition and Treatment of Dental Trauma**

### Steve Mills, DDS, FASD

Whether on the field, court or ice rink, it is important for the team dentist to recognize and manage dental trauma. With the high-paced sports we watch and love come severe injuries that require the same briskness in dealing with them. It is important for the team dentist to triage the more serious dental injuries and provide first-line dental treatment. This requires the team dentist to make an immediate diagnosis and to manage the patients' emergency dental concerns on site and then to continue on for definitive treatment. The decisions made at the site of the trauma strongly influence the long-term outcomes for patients. This short overview of dental trauma for athletes will concentrate on the three "T's" of field side dental care: Type of injury; Time until treatment is needed, and Treatment needed. In addition, it is crucial to athletes to avoid missing playing time, so removal from play and return to play considerations will be stressed. This presentation will be founded on the available upto-date scientific information. In addition to actual treatment, this information must be easily used to educate all members of the sports medicine team, especially first responders such as athletic trainers.

12:45 pm - 1:00pm

Lunch – Pick Up Box Lunch

1:00 pm - 1:50 pm

# Team Dentist: Drugs and Athletes

# Leslie Rye, DDS, FASD, FAGD, FICD

This presentation will cover therapeutic agents commonly used by team dentists to keep our athletes alert and free of pain and infection, without violating rules of the sports-governing bodies. Knowledge of drugs used for acute situations and their possible drug side effects, which may influence training and performance, will be described. Included will be a discussion of prevention and understanding of drug addiction risks in athletes. This presentation will also describe common infections in the oral-facial area that are highly infectious and of concern for the safety of our athletes' teammates. This information should be of interest for those treating the full athletic spectrum from the young weekend participant to the highly elite competitor. The team dentist also needs to work within the parameter of permitted drugs and outside the realm of PEDs (performance enhancing drugs), doping and banned/illegal

drugs. Resources to aid the treating dentist to recognize these drugs will be described. Reference information is listed to help keep the team dentist knowledgeable about banned legal or illegal drugs and substances.

1:55 pm - 2:55 pm

# Immediate Recognition and Management of Bone Injuries

# H. Ryan Kazemi, DMD

Sports-related oral and maxillofacial injuries can range from minor dentoalveolar fractures to more extensive mandibular or maxillary fractures, as well as lacerations. In this presentation, Dr. H. Ryan Kazemi discusses how to recognize injuries; make immediate clinical diagnosis; formulate treatment modalities to stabilize the injury; and, if possible, return the player back to the field. Additionally, he will present diagnostic imaging and definitive treatments for such injuries. Participants will learn how to make immediate clinical assessment of the injury; immediate interim management strategies; definitive diagnostic and treatment modalities; and emergency management of lacerations and suturing techniques.

3:00 pm - 5:00 pm

### **Hands-On Mouthquard Workshop**

### Hans Stasuik, DMD, FASD

The workshop will begin with a lecture by Dr. Hans Stasiuk. He will discuss custom mouthguard design as well as the fabrication of custom mouthguards utilizing pressure lamination techniques. Dr. Stasiuk, Dr. Jeff Lloyd, as well as other ASD members who are experienced in mouthguard fabrication will assist the participants in fabricating a custom mouthguard. Participants will have the opportunity to choose which type of pressure laminating machine they would like to use. Although attendees are welcome to bring their own trimmed maxillary models, models will be provided.

5:30 pm - 7:30 pm

**Welcome Reception** 

Friday, June 24, 2016 SYMPOSIUM

7:00 am - 7:55 am Registration/Exhibits/Continental Breakfast

7:55 am

Call to Order

8:00 am - 9:30 am

# "Mind the Gap" — Use of Fiber Reinforcement to Replace a Missing Tooth in the Active Athlete

# Douglas Lambert, DDS, FACD, FASDA, FASD, ABAD

With the multitude of contemporary restorative options available in dentistry today, one of the key emerging themes is conservation of tooth structure. Terms such as "minimally invasive," "tooth banking," and "less is more" have become rallying cries for the profession. As a result, fiber reinforcement in dentistry is gaining momentum as a viable option for today's restorative dentists as an aesthetic and functional solution to many complex problems. Fiber-reinforced materials have excellent potential for application in a variety of clinical situations, such as periodontal stability, splinting of luxated and avulsed teeth, and replacement of a missing tooth in a single appointment. Restorative solutions for the use of fiber reinforcement as a transitional restoration may include the replacement of a congenitally missing lateral on a patient too young for a dental implant, an active athlete where the risk is high for additional oral trauma, and geriatric problem-solving. Participants will increase their knowledge base of fiber reinforcement in dentistry and how to apply it to their practice, plus understand the specific advantages of using the direct fiber bridge for their active athletes as a transitional restoration while they are still at risk.

9:30 am - 10:30 am

# **US Soccer Federation**

# George Chiampas, DO, CAQSM, FACEP

Dr. Chiampas will highlight the overall structure of the US Soccer national governing body; discuss the multi-disciplined roles in the care of the athlete; and review the national team's medical structure. At the conclusion of this program, participants will be familiar with the functions of a national sports federation.

10:30 am - 11:00 am

**Exhibits/Breaks** 

11:00 am - 12:30 pm

# Diet and Lifestyle: How It Is Affecting our Athlete's Dental Health

### Brett Dorney, BDS, FASD

To manage our patient's dental health is a "challenge of a lifetime." As people are living longer, there is a chronology of concerns affecting the different age groups. The effect of diet, from early childhood caries (ECC) to erosion, abrasion and attrition, plus the influence of snacking, lifestyle choices on hydration, and medication, will challenge teeth to last a lifetime. Our athletes face acidic challenges when they are dehydrated, and it is critical that their dentition be prepared for this event. Successful management should involve a minimal intervention strategy. The steps are: identify, prevent, rehabilitate and maintain. This will involve education, lifestyle and diet analysis, possible stabilization and remineralizing techniques. Saliva quantity and quality must be investigated, as saliva is the great protector in the oral cavity. Questions that need to be asked of our sporting patients will be outlined and programs to maintain their oral health reviewed.

12:30 pm- 2:00 pm

**Recognition Luncheon** 

2:00 pm - 3:15 pm

# Evaluation of Dentofacial Trauma Using 3-D Cone Beam Technology

# Steven Guttenberg, DDS, MD

Dr. Guttenberg's presentation will focus on the advantages of inoffice cone beam three-dimensional imaging to formulate correct diagnoses prior to treatment of dentofacial injuries. Clinical cases will be shown to illustrate the concepts presented. At the conclusion of this presentation, the participant will be familiar with the development of computed tomography and its numerous advantages and will understand the differences between 2D and 3D evaluation of the teeth and jaws. Numerous cases will highlight the use of cone beam computed tomography related to maladies of the teeth and jaws.

3:15 pm - 3:45 pm

Exhibits/Breaks



3:45 pm - 4:30 pm

Dentists as Part of a High School Sports Medicine Team: Building a Relationship with a Certified Athletic Trainer (ATC)

Paul G. Rupp, MA, ATC, VATL

Paul Rupp is the athletic trainer at Oakton High School and has been working with Dr. Canal and Dr. Messina for 16 years. Paul will discuss the role of the dentist as part of the OHS sports medicine team. That role includes injury prevention, and a large part of prevention is the fabrication of custom mouthguards. Paul will share with you how to become a member of the sports medicine team in your local high schools and how they work together to be a resource for the athletes at the school when dealing with prevention and dental injuries. At the conclusion of this program, participants will know how to reach out to a local athletic trainer; the role of the athletic trainer; the role of the team dentist within the sports medicine team; and how to work with the athletic trainer to build a program that includes creating custom mouthguards.

6:00 pm -9:00 pm

**President's Reception/Silent Auction and Live Auction** 

Saturday, June 25, 2016 SYMPOSIUM

7:00 am — 8:30 am Registration/Exhibits/Continental Breakfast

7:30 am – 8:30 am Annual Business Meeting

8:30 am - 9:15am Temporomandibular Joint Dysfunction in Sports

Speaker: Mitchell A. Stark, DDS

Temporomandibular joint (TMJ) injuries may result from competing in organized sports. TMJ injuries are often not recognized and/or treated due to a lack of training of the medical staffs of sports teams. At the conclusion of this presentation, participants will be able to discuss the mechanisms and prevalence of TMJ injuries in athletics; discuss diagnosis and prevention of TMJ injuries; and discuss treatment modalities of TMJ injuries.

9:15 am - 10:00 am

**Use of Smokeless Tobacco in Baseball** 

Speaker: Mitchell A. Stark, DDS

Smokeless tobacco is a known carcinogen. Its use in baseball, at all levels, is well documented. There have been several high profile baseball players who have been stricken with oral and neck cancers, yet smokeless tobacco is still widely used. At the conclusion of this presentation, participants will be able to identify the risks of smokeless tobacco; discuss the historical use of smokeless tobacco in baseball; and discuss risk prevention and the role of governing bodies in the reduction of smokeless tobacco use in baseball.

10:00 am- 10:30 am

Exhibits/Breaks

10:30 am - 11:15 am

**Horizontal Root Fractures** 

Glenn C. Schermer, DMD

This presentation is designed to present an overview of the classification, diagnosis and treatment of intra-alveolar root fractures and resources available to the practitioner for up-to-date, in-office management of dental trauma.

11:15 am - 12:15 pm

**Concussion Evaluation** 

Ruben J. Echemendia, PhD

The purpose of this presentation is to provide an overview of current approaches to the evaluation and management of sports-related concussion. First, the pathophysiology of concussion will be reviewed, followed by a discussion and

critique of historical approaches to the management of concussion. Recent research on the role of exercise in brain injury recovery will be reviewed with the ultimate goal of reviewing the role of active rehabilitation in current management approaches. The strengths and limitations of such approaches will be discussed. Following this presentation, attendees will be able to express an understanding of the dynamic pathophysiological processes that follow a concussive injury; understand the differences between historical management strategies compared to current, individualized approaches; and describe the appropriate circumstances under which active rehabilitation approaches should be implemented following concussion.

12:15 pm - 1:45 pm

**Lunch on Your Own** 

1:45 pm - 3:15 pm

**Concussion Research in Australian Sports** 

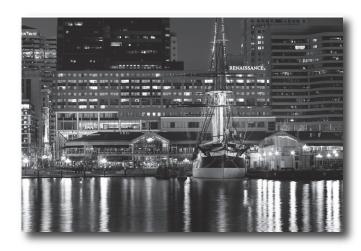
Brett Dorney, BDS, FASD

Concussion is a relatively common injury in Australian football. The incidence rate is 5 - 6 concussions per 1,000 player hours. which equates to an average of 6-7 injuries per team per season. Concussion is defined as a clinical syndrome of neurological impairment that results from traumatic biomechanical forces transmitted to the brain. The clinical features come on rapidly after injury and resolve spontaneously over a sequential course. Although the pathophysiology of concussion remains poorly understood, the current consensus is that it reflects a disturbance of brain function rather than a structural injury. Concussion changes are temporary and resolve spontaneously if managed correctly. The recovery process, however, is variable from person to person and injury to injury. While most cases of concussion in Australian football recover uneventfully within 10 - 14 days of injury, complications and adverse outcomes may occur. This presentation will review current concussion research and how to manage concussion in sport. The critical element is the welfare of the player, both short and long term. It is important to discuss management of concussion in younger athletes, where the priority is the successful return to school and learning before considering a return to sport.

3:15 pm - 3:30 pm

Adjourn

# Register Early



# Presenters . . .



# Nancy C. Burke, MS, ATC, VATL

Nancy Burke is a certified athletic trainer currently employed as the athletic trainer for the Fairfax County Police Department in Fairfax, Virginia. Previously she was the teacher/athletic trainer at South Lakes High School in Reston, Virginia, where she met Drs. Emilio Canal and Michael Messina. This started a grand journey with a high school custom fit mouthquard program, working with the

U.S. Lacrosse Sports Science and Safety Committee, and developing the custom fit mouth guard program for U.S. Lacrosse National Teams. Nancy has been inducted into the Virginia Athletic Trainers' Association Hall of Fame and the Mid-Atlantic Athletic Trainers' Association Hall of Fame. She is also a National Athletic Trainers' Association Most Distinguished Athletic Trainer.



# George Chiampas, DO, CAQSM, FACEP

Dr. Chiampas is an assistant professor in the Department of Emergency Medicine and the Department of Orthopaedic Surgery at the Feinberg School of Medicine at Northwestern University and Northwestern Memorial Hospital. He currently is the chief medical officer for U.S. Soccer as well as the medical director of the Bank of America Chicago Marathon and team physician for the Chicago Blackhawks.

He was previously a team physician with Northwestern University athletics for five years and served as the head team physician for two of those years. Dr. Chiampas has lectured widely at academic conferences and scientific meetings throughout the world and has been interviewed and quoted for several health and running magazines. As a member of several medical societies, he has supported multiple scientific journals in his role as editor. His primary interests are on mass event preparedness and safety, sports injuries and policies surrounding safety in sport. Finally, he is the founder and director of Chicago Cardiac Arrest Resuscitation Education Service (CCARES), an organization which provides education and awareness on sudden cardiac death through community hands-only CPR and AED training.



# **Brett Dorney, BDS, FASD**

Dr. Brett Dorney graduated from Sydney University in 1971 and received his fellowship from the Royal Australian College of Dental Surgeons in 1985. He has also been awarded fellowships from the Academy for Sports Dentistry (ASD), the International College of Dentists and the Academy of Dentistry International. Highlights of his career include presenting at the Chicago Midwinter Dental

Meeting, teaching at Sydney University and Charles Sturt University, publishing articles on treating dental trauma, and being a reviewer for the Australian Dental Journal. He was deputy director of dental services for the Sydney 2000 Olympics and Paralympics. Dr. Dorney has been fortunate to have spent 40 years in the same suburban dental practice and has developed an international reputation for mouthguard design and construction. Dr. Dorney has been lecturing in Australia and overseas for the last 20 years on the prevention and treatment of traumatic dental injuries. In August 2016 he will present "Modern Mouthguards" at the combined meeting of the IADT and Endodontic Societies of Australia and New Zealand. Dr. Dorney also speaks on diet and lifestyle and its effect on our athletes' dental health. Dr. Dorney was president of the ASD in 2006 and two years ago received the Distinguished Member award. Recent presentations have been at the 2014 FDI in New Delhi and the 2015 FDI in Bangkok. Other past presentations have been in Japan, Korea, and Singapore, as well as at the national dental meetings for Australia and New Zealand.





# Ruben J. Echemendia, PhD

Dr. Echemendia is the co-chair of the NHL's Concussion Subcommittee and director of the NHL's neuropsychological testing program. He is also chair of Major League Soccer's concussion program and is the consulting clinical neuropsychologist to the U.S. Soccer Federation and the U.S. Soccer National Teams. He is also the consulting neuropsychologist to Princeton University's

Department of Athletic Medicine. Dr. Echemendia is the clinical director of the UOC Concussion Care Clinic, a multidisciplinary concussion evaluation and management program at the University Orthopedic Center in State College, Pennsylvania. He serves on the U.S. Lacrosse Sports Science and Safety Committee, the NCAA Concussion Task Force, the U.S. Soccer Medical Advisory Committee, and more recently the National Council on Youth Sports Safety - Protecting Athletes and Sports Safety Initiative. He has served as a consultant to the U.S. Defense Veteran's Brain Injury Center and other national organizations. Dr. Echemendia has had extensive clinical and research experience with sports-related concussions and has spoken internationally on issues related to traumatic brain injury in sports. He is currently in independent practice, after having spent 18 years on the clinical psychology faculty of the Pennsylvania State University, where he was director of the psychological clinic. Dr. Echemendia is a past president of the National Academy of Neuropsychology and a fellow of both the National Academy of Neuropsychology and the American Psychological Association. He is an adjunct associate professor of psychology at the University of Missouri — Kansas City. Dr. Echemendia has published extensively in the area of sports neuropsychology and has been a featured guest on several television and radio programs.



# Steven Guttenberg, DDS, MD

Steven A. Guttenberg, DDS, MD, is an oral and maxillofacial surgeon practicing in Washington, D.C., where he is director of the Washington Institute for Mouth, Face and Jaw Surgery. He is a diplomate of the American Board of Oral and Maxillofacial Surgery and a fellow of the American College of Oral and Maxillofacial Surgeons, the American Association of Oral and Maxillofacial Surgeons and the

American Academy of Cosmetic Surgery. Dr. Guttenberg is a previous president of the College and is currently the secretary of the District of Columbia Dental Society. He is a senior attending surgeon and member of the teaching staff at the Washington Hospital Center and is the chairman of its Oral and Maxillofacial Surgery Residency Training and Education Committee. He is a frequent lecturer throughout the United States and abroad as well. Dr. Guttenberg has written numerous scientific articles, book chapters and books, which have been published in the dental and medical literature.



# **Jeffrey Hoy, DDS, FASD**

After receiving his dental degree from the University of Southern California, Jeffrey Hoy joined a dental practice in Torrance, California. At that time his associates had been the team dentists for the Los Angeles Rams, the Los Angeles Dodgers, the Los Angeles Lakers and the Los Angeles Kings. Dr. Hoy subsequently assumed the position of team dentist for both the Los Angeles Lakers and the Los

Angeles Kings. Dr. Hoy served as team dentist for the Los Angeles Kings until 2013, which included their memorable first-ever Stanley Cup Championship after 44 years in the NHL. Dr. Hoy has been a member of the Academy for Sports Dentistry for 20 years and has been the team dentist for seven professional sports teams. A past president of the ASD, Dr. Hoy currently serves as ASD secretary and has been on the faculty for the Team Dentist course since 2010. Currently, Dr. Hoy is working with several other members of the Academy to produce a sports dentistry textbook. Dr. Hoy maintains a private dental practice in Torrance, California, and is the team dentist for the Los Angeles Lakers and their developmental league team, the Los Angeles D-Fenders.



# H. Ryan Kazemi, DMD

Dr. H. Ryan Kazemi is a board certified oral and maxillofacial surgeon. He is the founder and CEO of Kazemi Oral Surgery & Dental Implants and maintains a full-time oral and maxillofacial surgery practice in Bethesda, Maryland. He received his dental degree from the University of Pennsylvania School of Dental Medicine. He then attended a one-year general practice residency at the

Albert Einstein Medical Center and subsequently completed his oral and maxillofacial surgery training at the Washington Hospital Center in Washington D.C. He is a member of American Association of Oral and Maxillofacial Surgeons, Academy of Osseointegration, Academy for Sports Dentistry, Entrepreneurs' Organization, Institute for Dental Implant Awareness, and a number of other professional dental organizations. He is also a contributor and a presenter for DentalXP and Vumedi. Additionally, he is a consultant to the DC United MLS soccer team and the U.S. National Soccer Team for the care of their athletes. Dr. Kazemi lectures regularly on dental implants, bone grafting, and practice management. He regularly publishes podcasts, videos, blogs, e-newsletters, and online articles. Dr. Kazemi's energetic and engaging multimedia presentation appeal to many clinicians offering relevant, to-the-point, and practical information.



# Douglas Lambert, DDS, FACD, FASDA, FASD, ABAD

Douglas L. Lambert graduated from the University of Minnesota Carlson School of Management and the University of Minnesota School of Dentistry, where he received the Outstanding Senior Student Award and the Quintessence Award. He is a fellow in the American College of Dentists, Pierre Fauchard Academy, Academy for

Sports Dentistry, and American Society for Dental Aesthetics, and a diplomate of the American Board of Aesthetic Dentistry. He has been recognized as one of the top educators by Dentistry Today for 14 consecutive years and honored as a top dentist by Minneapolis/St. Paul and Minnesota Monthly magazines for 13 years. Dr. Lambert is a past president of the Minneapolis District Dental Society, a trustee to the Minnesota Dental Association for six years, and has been a delegate to the ADA. He has authored numerous articles, presented lectures and hands-on seminars nationally and internationally, and is part of the education team for the post-graduate course in aesthetic dentistry at the University of Minnesota School of Dentistry and the Catapult Group. He serves as an independent researcher for many dental manufacturers and as the team dentist for the Minnesota Lynx of the WNBA. Dr. Lambert's practice in Edina, Minnesota, emphasizes cosmetic, comprehensive, and sports dentistry.



# Stephen Mills, DDS, FASD

Dr. Stephen Mills is originally from Peekskill, New York, and attended Westminster College in New Wilmington, Pennsylvania, where he received his Bachelor of Science in 1977. He then entered the State University of New York at Buffalo School of Dentistry and earned his DDS in 1981. After three years on active duty in the U.S. Army, he worked to get his certificate in pediatric dentistry at the

Department of Pediatric Dentistry of the University of Connecticut, which he completed in 1987. He achieved board certification in pediatric dentistry in 1995. He continues to serve the American Academy of Pediatric Dentistry as a legislative liaison and serves on its PAC Steering Committee. Dr. Mills' current activities center on his interest in orofacial injury treatment and prevention and his involvement with the Academy for Sports Dentistry. A past president and longtime board member of the ASD, Dr. Mills has been the editor of ASD's newsletter and continues to lecture and write widely on issues relating to sports and dentistry. He is a fellow of the ASD and last year was awarded the Academy's Lifetime Distinguished Member Award. Dr. Mills has been honored to be one of the advisors for the From the First Tooth initiative for the past seven years. The oral health of the children of

the state of Maine is very important to him, and Dr. Mills feels that this initiative has been a great benefit to Maine's most vulnerable children. He lives and practices in Scarborough, Maine.



# Paul A. Nativi, DMD, FASD

Dr. Paul Nativi serves as team dentist for St. Louis University and Southern Illinois University Edwardsville. He initiated both team dentist programs in 1983 and 2006, respectively. Dr. Nativi graduated from St. Louis University in 1971 with a Bachelor of Arts in chemistry and received his DMD from Washington University in 1975. Dr. Nativi is a fellow of the Academy for Sports Dentistry. He served on

the board of directors of the Academy from 2009 – 2011 and served as president from 2011 – 2012. Dr. Nativi is also an assistant clinical professor at the Center for Advanced Dental Education at St. Louis University and serves on the Athletic Training Advisory Board at the institution. Dr. Nativi has provided dental coverage at the NCAA Women's Basketball Final Four, NCAA Men's Soccer Final Four, NCAA Men's Basketball Regionals, USA Gymnastics, and Missouri Valley Men's and Women's Basketball Tournaments. Dr. Nativi is an editorial reviewer for Dental Traumatology. He has lectured on mouthguard fabrication, dental trauma and sports dentistry to dentists, athletic trainers, and sports medicine physicians. Dr. Nativi had been in private practice since 1975.



# Paul G. Rupp, MA, ATC, VATL

Paul received his Bachelor of Science in movement studies and exercise science with a concentration in athletic training and sports medicine from East Stroudsburg University. He then earned his Master of Science in physical education at Syracuse University, where he worked as a graduate assistant athletic trainer. He then worked as an assistant athletic trainer at St. John's

University for 4½ years. From there he has spent the last 15 years as an athletic trainer at Oakton High School in Fairfax County Public Schools. During those 15 years he has had the opportunity to travel with the Virginia State Olympic Development Program soccer program to Europe five times and the U19 Iroquois National Lacrosse team to the world championships in Vancouver. In 2011 he was named the Virginia Athletic Trainer's Association Vito Perriello Secondary School Athletic Trainer of the Year.



# Leslie Rye, DDS, FASD, FAGD, FICD

Dr. Leslie Rye provided general dental care in Reston, Virginia, for over 35 years. She is a past president of the Academy for Sports Dentistry and has served on boards of several professional and community organizations. Dr. Rye has earned special professional recognition as a fellow in the Academy of General Dentistry, the Academy for Sports Dentistry, and the International College of Dentists. She

has been a contributor to the ASD Team Dentist course since its creation. Dr. Rye has been a lecturer in oral medicine, pharmacology and sports dentistry programs. Dr. Rye has participated and chaired many school and community health outreach programs, including volunteering as a provider in custom mouthguard programs for professional and organized youth sports.



# Glenn C. Schermer, DMD

Dr. Glenn Schermer is a 1984 graduate of the University of Florida College of Dentistry. Dr. Schermer spent 10 years in private general practice before taking specialty training in endodontics at the College of Medicine and Dentistry of New Jersey/Rutgers University. Dr. Schermer has been in a group endodontics practice in the greater Washington, D.C., area for 18 years. He has been an adjunct professor in the

Department of Endodontics, Prosthodontics and Operative Dentistry at the University of Maryland for the past 11 years.

# Presenters . . . continued



# Mitchell A. Stark, DDS

Dr. Mitchell A. Stark is a graduate of the University of Maryland at College Park and the University of Maryland School of Dentistry. Following dental school, Dr. Stark completed residencies in general dentistry at the University of Rochester and anesthesiology at the Medical College of Pennsylvania. He completed his training in oral and

maxillofacial surgery at the Mount Sinai School of Medicine, where he served as chief resident from 1993 to 1994. Dr. Stark has been a member of Maryland Oral Surgery Associates since 1994. In addition to his busy private practice, Dr. Stark is actively involved in organized dentistry, education and international volunteering. Dr. Stark has served on the Executive Committee of the Southern Maryland Dental Society since 1998 and served as the society's president from 2005 to 2006. He is also a member of the Maryland State Dental Association's House of Delegates. Dr. Stark is very active in the training of residents in oral and maxillofacial surgery. He is a clinical instructor in the Department of Oral and Maxillofacial Surgery at Washington Hospital Center. Dr. Stark has received numerous awards as an outstanding instructor in the department and was awarded The Golden Spear Point Award as its outstanding educator in 1999. Dr. Stark is also a member of the Dean's Faculty at the University of Maryland School of Dentistry. Dr. Stark started a program to treat craniofacial anomalies, including cleft lips and palates, at Angkor Hospital for Children in Siem Reap, Cambodia. He is the director of oral and maxillofacial surgery overseas in Cambodia. Dr. Stark maintains a busy office based practice as well as performing numerous major surgeries in a hospital setting. He has a particular interest in dental implants as well as orthognathic surgery, jaw reconstruction and treatment of facial trauma. Dr. Stark has privileges at Washington Hospital Center, Shady Grove Adventist Hospital, Children's National Medical Center and the Center for Ambulatory Surgery in Washington, D.C. Dr. Stark was named one of Washingtonian magazine's top dentists in 2006 and 2009.



# Hans M. Stasiuk, DMD, FASD

Dr. Hans Stasiuk received his Bachelor of Science from the University of Manitoba in 1987. He earned his DMD in 1995 from the University of Manitoba. He currently maintains a family dentistry private practice in Portage la Prairie, Manitoba, Canada, which his father started in 1962. He has been a member of the ASD since 1996. He joined the ASD

Board as a director in 2004. Hans served as the secretary of the ASD from 2006 – 2011. Since December of 2013 he has been the editor for the ASD newsletter. He has also served on various ASD committees. In the past he has been the ASD liaison for Canada and ASD website coordinator. For the past few years he has served as the ASD liaison to the International Federation of Sports Medicine (FIMS). In 2008 he was the ASD Symposium chair. Dr. Stasiuk has a strong interest in sports dentistry. For more than 15 years he has been providing a lecture on sports dentistry as well as a custom mouthguard workshop for the third year dental students at the University of Manitoba. He currently volunteers coaching youth football, speed swimming, and basketball.

Register Early

# Call for Abstracts – Poster Presentations . . .

The Academy for Sports Dentistry invites the submission of abstracts related to sports dentistry to be considered for poster presentations at the 2016 Annual Symposium. Posters will be set up on Friday and remain throughout the Symposium.

### Instructions

All submissions to the Annual Symposium must be accompanied by an abstract using the format provided. Abstracts that do not follow these guidelines may be disqualified.

### 1.) General Guidelines

- Abstract must be submitted as an attached Microsoft Word document to email address: sportsdentistry@consolidated.net
- b. Use 11 point Times New Roman font.
- c. Do not use bold, italic or underline unless otherwise indicated.

### 2.) Heading section (title, author, affiliation)

- a. This entire section should be bold.
- Use a clear, concise title that reflects the study/survey, etc
- c. List the title capitalizing only the first letter of the title and ending with a period.
- d. List authors' names, last name first, followed by initials. Do not separate initials by periods or include authors' degrees.
- e. Separate authors' names by commas, with no period following final name.
- f. Place an asterisk after the presenter's name.
- g. List all affiliations following the last author's name and enclose them in parentheses. If there is more than one affiliation, separate them by semicolons.
- h. Include the city and state after each affiliation using uppercase postal abbreviations for state names (e.g., University of Michigan, Ann Arbor, MI).
- i. Do not place a period at the end of the Heading section

# 3.) Subhead section (if applicable)

Identify any supporting agency and grant number in 10 point italicized font, written as a complete sentence, and begin as follows: Research supported by...

# 4.) Body

The body cannot exceed 200 words and should follow the usual sequence of purpose, methods, results and conclusions. Abbreviation should be defined on first mention.

## **Poster Presentations**

Posters should be designed to fit a 4' (120cm) high by 6' (180cm) wide poster board. The poster session will last about one hour and presenters must be available for the entire viewing time.

ST. 1913

Deadline for submissions: March 31, 2016

Questions? Contact: Ms. Shelly Lott Academy for Sports Dentistry 118 Faye Street P.O. Box 364 Farmersville, IL 62533, USA Phone (217) 227-3431 Fax (217) 227-3438 sportsdentistry@consolidated.net

# **2016 Annual Session Committee**

## Dr. Howard Salob, General Chairman

Dr. Rob Howarth ● Dr. James Lovelace ● Dr. Jan Chithalen
Dr. Emilio Canal, Jr. ● Dr. Mike Messina ● Dr. Leslie Rye ● Dr. Steve Mills
Dr. Hans Stasiuk ● Ms. Shelly Lott

# Academy for Sports Dentistry 34th Annual Symposium

JUNE 23-25, 2016 • RENAISSANCE BALTIMORE HARBORPLACE HOTEL

REGISTRATION INFORMATION

# **MEALS**

Welcome reception on Thursday, Continental breakfasts on Friday and Saturday mornings; Recognition Lunch on Friday; and the President's Reception on Friday evening are included in the Symposium registration fee.

Continental breakfast, break and box lunch, welcome reception are included in the Team Dentist Course registration fee.

### **REFUND POLICY**

A full refund, less a \$50.00 administrative fee, will be made up to three weeks prior to the Symposium. No refunds after May 30, 2016.

# **REGISTRATION AND PAYMENT**

Mail your registration form and check to the address below or register on line with your credit card payment:

Academy for Sports Dentistry 118 Faye Street, P.O. Box 364 Farmersville, IL 62533 USA Fax: 217-227-3438

Email: sportsdentistry@consolidated.net

Checks must be in U.S. funds. Credit card payments with Visa or Mastercard are accepted

prior to the Symposium. No refunds  Complete this	*	k or go to the website an	d submit with your credit card payment today! Please type or print.
			DDS or DMD AGD#
Spouse/Partner Name If Attending			
Address		Stato	ZipCountry
			E-mail
League / Team			
SYMPOSIUM 2016, ACADEMY			
2016 Symposium Registration Fees			MEMBER BRING A COLLEAGUE
Symposium Only (9.25 CEUs)			Any current ASD members who bring a nonmember registrant to
☐ Members		\$ 650.00	the 2016 Symposium will receive <b>10%</b> off of their registration fee
□ Nonmembers		\$ 750.00	for <b>each</b> nonmember registrant they bring. In addition, each
☐ Hygienists, Dental Assistants, Lab Technicians,		\$ 750.00	nonmember registrant sponsored by an ASD member will also receive the 10% discount.
Athletic Trainers, Residents*		\$ 450.00	receive the 10% discount.
(Includes two continental breakfasts, breaks, welcome reception, Recognition			
Luncheon and President's Reception)			Referred byASD Member
*Students/Residents who do not want CEU credit are complimentary.			
(Meals are not included, but tickets for above Receptions and Luncheon can be			# of nonmembers referred (see attached forms)
purchased separately.)			% off of registration fee for nonmember referrals
<b>Team Dentist Course Only</b> (7 CEUs for lecture 3.5 CEU's for workshops.)			10% discount for nonmembers who are attending with an ASD member.
■ Members		\$ 545.00	In the event of a cancellation of a colleague, you will be responsible for the 10%
■ Nonmembers		\$ 695.00	balance due on your registration fee.  Nonmember registration fee must be paid at the same time as the member
Hygienists, Dental Assistants, Lab Technicians,			registration fee.
Athletic Trainers, Licensed Residents*		\$ 330.00	Make checks payable to: Academy for Sports Dentistry
(Includes both workshops, continental breakfast, breaks, box lunch and welcome reception.)			Credit card payments can be submitted at www.academyforsportsdentistry.org
*Students/Residents who do not we	ant CEU credit or certification o	are complimentary.	HOTEL DECEDVATIONS
(Meals are not included.)			HOTEL RESERVATIONS
Symposium and Team Dentist Course Package (includes both workshops)			The Academy has a special group rate of \$229.00 single or double per night. This special rate is in effect until May
☐ Members		\$1045.00	20, 2016. However, we suggest you reserve early, as there
Nonmembers		\$1195.00	is a limited number of rooms at the group rate. Please make your reservations directly with Renaissance Baltimore
☐ Hygienists, Dental Assistants, Lab Technicians,		Ç.133.00	Harborplace Hotel by calling <b>(888) 236-2427</b> . Indicate you
Athletic Trainers, Licensed Residents* \$ 620.00		\$ 620.00	are attending the 2016 Academy for Sports Dentistry Symposium. If you would like to register on line the
(Includes both workshops, continental breakfast, breaks, welcome reception,			reservation link is: http://aws.passkey.com/event/14157734/owner/297/home.
Recognition Luncheon and Preside	nt's Reception)	L	
*Students/Residents who do not want CEU credit or certification are complimentary.			Please return form as soon as possible to:
(Meals are not included, but tickets for Symposium Receptions and Luncheon can be			34th Annual Symposium
purchased separately.)			Academy for Sports Dentistry
Optional Events: The following event tickets are included in the full Symposium registration. However, extra tickets can be purchased for students, residents who are not receiving CEU credit or certification, spouse/partner and			118 Faye Street • P.O. Box 364 • Farmersville, IL 62533 USA www.academyforsportsdentistry.org
Recognition Luncheon	\$70.00 x Ticket		
President's Reception	\$80.00 x Ticket		REGISTRATION CALCULATION BOX Team Dentist Course fee \$
Additional Fee			Symposium registration fee \$
Saturday, June 25, 2016 @ 4:05 pm Baltimore Orioles Game			Orioles tickets \$  Discount for referral program % \$
\$25.00 v. Tickate = \$			Discount for referral program% \$

**TOTAL AMOUNT ENCLOSED**